

RSHE Curriculum Summary



Year Group	Objectives
Year 1	Engage in friendships, feelings, values and integrity Success using the internet to help, take care of ourselves and stay safe online Engage in family, take care of ourselves, growing, changing and family Take care keeping healthy: food and exercise, hygiene routines; sun safety
Year 2	Values and Resilience to guide friendships, take care of our feelings, values and Integrity against bullying Success using the internet to help, values and Integrity in online behaviour Take care of ourselves, changing ideas about girls and boys Why sleep is important; medicines and keeping healthy; keeping teeth healthy;
Year 3	Taking care of our minds, values guiding how we treat others respectfully, integrity to say no to bullying Success searching online, taking care online Engage in family, taking care of ourselves Health choices and habits, what affects feelings
Year 4	Engage in positive friendships, integrity and values in the classroom and beyond, integrity to challenge bullying Success using the internet , taking care online Engage with equality, changes Maintaining a balanced lifestyle; oral hygiene and dental care, drugs common to everyday life
Year 5	Resilience within friendships, taking care of ourselves; our bodies and our minds Success online questioning what you see, integrity to engage with equality online Integrity to engage with equality, changes Healthy sleep habits; sun safety; medicines, vaccinations, immunisations and allergies
Year 6	Integrity within friendships, taking care of ourselves, taking care of our minds Success online questioning what you see, values leading online behaviour, take care online Integrity to challenge inequality, changes (including conception which parents can withdraw their children from) , family in all its forms, healthy relationships Drug use and the law, the risks and effects of different drugs

All black content is part of the National Curriculum, which is statutory. Red indicates parents have the option to withdraw children from the learning if they wish to do so.