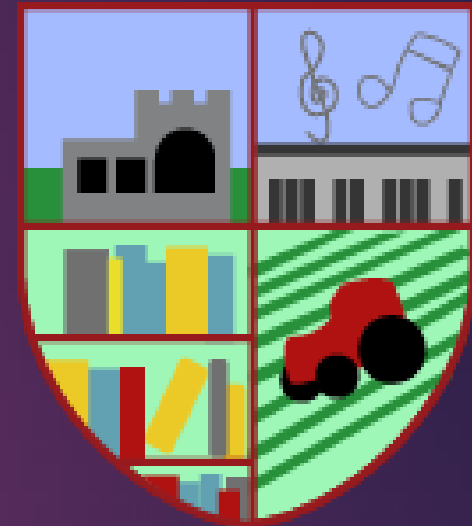


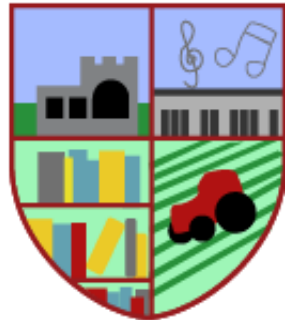
Newborough C of E Primary School



PSHE AND RSHE

Welcome

- ▶ As you may be aware, the government has changed their guidance for teaching PSHE (Physical, Social and Health Education) and RSHE (Relationships, Sex and Health Education)
- ▶ Due to this we have rewritten our policy, you can view the draft version of this on our website
- ▶ We want to work with our families on the changes to the curriculum and understand your views surrounding it



What is RSHE?

► Relationships **Sex** and **Health** Education

Ways to help build and maintain caring friendships

Anti-bullying

Families and people who care for me

Showing respect

E-safety

Being safe, like the difference between appropriate and inappropriate touch

Ways to keep fit and healthy
Mental wellbeing, talking about our emotions, strategies to stay calm and happy

Healthy eating

Drugs, alcohol and tobacco

First aid

Puberty

Conception (Year 6 only)



Why is this important?

- ▶ High quality RSHE helps create safe school communities in which pupils can grow, learn, and develop positive, healthy behaviour for life. It is essential for the following reasons:
- ▶ Children and young people have a right to good quality education, as set out in the United Nations Convention on the Rights of the Child.
- ▶ Children and young people want to be prepared for the physical and emotional changes they undergo at puberty, and young people want to learn about relationships. Older pupils frequently say that sex and relationships education was 'too little, too late and too biological'. Ofsted reinforced this in their 2013 Not Yet Good Enough report.
- ▶ RSHE plays a vital part in meeting schools' safeguarding obligations. Ofsted is clear that schools must have a preventative programme that enables pupils to learn about safety and risks in relationships.
- ▶ Schools maintain a statutory obligation under the Children Act (2004) to promote their pupils' wellbeing, and under the Education Act (1996) to prepare children and young people for the challenges, opportunities and responsibilities of adult life.



What can effective RSHE at Primary achieve?

- ▶ Ensure children are prepared for puberty
- ▶ Helps to keep children safe
- ▶ Helps children critically evaluate messages they get from the media and their friends
- ▶ Help to develop well rounded, confident safe and happy children



What's changed?

What's new

- ▶ From the Summer Term, relationships and health education becomes a National Curriculum subject for all schools. It's often called PSHE (physical, social and health education)
- ▶ Now developed a scheme based on our school values which builds children's understanding each year

What hasn't changed

- ▶ We always taught it because these subjects will support all young people to be happy, healthy and safe. Equipping them for life as an adult in British society.
- ▶ We use the same resources in the Summer Term as before
- ▶ Parents still have the right to withdraw their children from sex education in primary school (Year 6 - 2 lessons on conception in the Summer Term), but not from anything else



Next steps.

- ▶ Find our frequently asked questions on our website
- ▶ Look at what we teach (all available on our website):
 - ▶ RSHE curriculum summary
 - ▶ Summer Term Teaching resources
- ▶ Look over our new draft SRE policy
- ▶ Please tell us what you think and fill in our survey

