PSHE – Planning Overview



Year group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	Beginning and Belonging MMR1 BBF	Family and Friends (incl. anti- bullying) MMR2 FFF My Emotions MMR3 MEF	Identities & Diversity Cit1 IDF Me and My World Cit2 MWF	Keeping Safe (incl. drug education) HSL2 KSF	Healthy Lifestyles HSL3 HLF	My Body and Growing Up HSL1 BGF
Year 1	Beginning and Belonging MMR4 BB12	Family and Friends MMR6 FF12 Anti-bullying MMR7 AB12	Diversity and Communities Cit4 DC12	Personal Safety HSL9 PS12	Managing Change MMR8 MC12	Sex & Relationships Education HSL6 SRI Drug Education HSL8 DE12
Year 2	Rights, Rules and Responsibilities Cit RR12	My Emotions MMR5 ME12 Anti-bullying MMR7 AB12	Working Together Cit3 WT12 Financial Capability EW1 FC12	Managing Risk HSL4 MR12 Safety Contexts HSL5 SC12	Healthy Lifestyles HSL7 HL12	Sex & Relationships Education HSL10 SR2 Drug Education HSL8 DE12
Year 3	Beginning and Belonging MMR9 BB34	Family and Friends MMR11 FF34 Anti-bullying MMR12 AB34	Diversity and Communities Cit7 DC34	Personal Safety HSL16 PS34	Managing Change MMR13 MC34	Sex & Relationships Education HSL13 SR3 Drug Education HSL15 DE34
Year 4	Rights, Rules and Responsibilities Cit8 RR34	My Emotions MMR10 ME34 Anti-bullying MMR12 AB34	Working Together Cit6 WT34 Financial Capability EW2 FC34	Managing Risk HSL11 MR34 Safety Contexts HSL12 SC34	Healthy Lifestyles HSL14 HL34	Sex & Relationships Education HSL17 SR4 Drug Education HSL15 DE34
Year 5	Beginning and Belonging MMR14 BB56	Family and Friends MMR16 FF56 Anti-Bullying MMR17 AB56	Diversity and Communities Cit10 DC56	Personal Safety HSL23 PS56	Managing Change MMR18 MC56	Sex & Relationships Education HSL20 SR5 Drug Education HSL22 DE56
Year 6	Rights, Rules and Responsibilities Cit11 RR56	My Emotions MMR15 ME56 Anti-bullying MMR17 AB56	Working Together Cit9 WT56 Financial Capability EW3 FC56	Managing Risk HSL18 MR56 Safety Contexts HSL19 SC56	Healthy Lifestyles HSL21 HL56	Sex and Relationships Education HSL24 SR6 Drug Education HSL22 DE56